

Despite mountains of marker publications, very few markers enter clinical practice



Many markers never make it past step 2

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HABITS OF THE HIGHLY EFFECTVE BIOMARKER HOW EFFECTIVE

How effective are you? Take the new PEQ (Personal Effectiveness Quotient) and find out!

Biomarker ?

Biomarker ?

EFFECT OF HOMOLOGOUS BONE MARROW INJECTIONS IN X-IRRADIATED RABBITS*

K. A. PORTER†

From the Laboratories for Surgical Research, Harvard Medical School and Peter Bent Brigham Hospital, Boston, Mass.

Received for publication March 30, 1957

In this report marrow transplantation experiments with rabbits are described in which the sex difference between the heterophil nuclei of male and female is used to provide a biological "marker". It is shown that implanted female marrow cells survive, proliferate and contribute heterophils to the peripheral blood of male irradiated animals for considerable periods of time. The effect on survival of the host is not great however.

Biomarker

An objective and « predictive » measure ... at the <u>molecular level</u> ... of normal and pathogenic processes and responses to <u>therapeutic</u> <u>interventions</u>

Characteristic that is objectively measured and evaluated as an indicator of normal biologic or pathogenic processes or pharmacologic response to a drug

A biomarker is valid if:

- It can be measured in a test system with well established performance characteristics
- Evidence for its clinical significance has been established

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Effective biomarker

THE 2 \times 2 DECISION MATRIX

		Actually Abnormal	Actually Normal
T+	Diagnosed as Abnormal	True Positive (TP)	False Positive (FP)
T-	Diagnosed as Normal	False Negative (FN)	True Negative (TN)

D+

D-



Validity

	Gold sta	Gold standard		
	Disease Present	Disease Absent		
Test positive	a (TP)	b (FP)		
Test negative	c (FN)	d (TN)		
Validity:	Sensitivity = a/(a+c) = TP/Diseased	Specificity = d/(b+d) = TN/Healthy		

TP = true positive; FP = false positive TN = true negative; FN = false negative Clinical applications

• A *specific* test can be useful to rule *in* a disease. Why?

D+ D-T+ a b T- c d

- Very specific tests give few false positives.
 So, if the result is positive, you can be sure the patient has the condition ('nothing else would give this result')
- A *sensitive* test can be useful for ruling a disease *out:*
 - A negative result on a very sensitive test (which detects all true cases) reassures you that the patient does not have the disease

(highly) Effective biomarker











(Highly) Effective biomarker ?

Sensitivity & specificity are cutoff specific

Therefore use AUC (cutoff agnostic) as measure for how effective a biomarker is

Patient's Question:

"Doctor, how likely am I to have this disease?"

- Sensitivity, specificity and AUCs don't answer this, because they work from the gold standard. This introduces Predictive Values
- Now you need to work from the *test result*, but you won't know whether this person is a true positive or a false positive (or a true or false negative)
- Before you do any test, the best guide you have to a diagnosis is based on prevalence !
- Prevalence indicates the 'pre-test probability of disease'

2 x 2 table: Prevalence (a+c / N)

	Disease	Disease	
	present (D+)	absent (D-)	Total
Test positive (T+)	а	b	a+b
Test negative (T-)	С	d	c+d
Total	a+c	b+d	Ν

Positive and Negative Predictive Values

- Based on rows, not columns
 - Positive Predictive Value (PPV) = a/(a+b)
 = Probability that a positive score is a true positive
 - NPV = d/(c+d); same for a negative test result
 - BUT... there's a big catch:
- We are now working across the columns, so PPV & NPV depend on how many cases of disease there are (prevalence).
- As prevalence goes down, PPV goes down (it's harder to find the smaller number of cases) and NPV rises.
- So, PPV and NPV must be determined for each clinical setting,
- But they are immediately useful to clinician: they reflect this *population,* so tell us about *this patient*



Prevalence and Predictive Values

A. Specialist referral hospital



Sensitivity = 50/55 = 91% Specificity = 100/110 = 91%

Prevalence = 55/165 = 33%

PPV = 50/60 = 83% NPV = 100/105 = 95%

Prevalence and Predictive Values

A.	Specialist	referral	hospital	В.	Primary care
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	D +	D -		D +	D -	
T +	50	10	T +	50	100	
T -	5	100	Τ-	5	1000	

Sensitivity = 50/55 = 91% Specificity = 100/110 = 91%

Prevalence = 55/165 = 33%

PPV = 50/60 = 83% NPV = 100/105 = 95% Sensitivity = 50/55 = 91% Specificity = 1000/1100 = 91%

Prevalence = 55/1155 = 3%

PPV = 50/150 = 33% NPV = 1000/1005 = 99.5%

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The Marker (yourself) 1.Be proactive

- 2.Begin with the end in mind
- 3.Put first things first

The Environment

- 4.Seek first to understand, then to be understood
- 5.Think win-win
- 6.Synergize

The Marker & Environment

7.Sharpen the Saw

Table 1

Patents and research investments: Evidence from Mansfield (1986) survey

Percent of Developed or Commercially Introduced Inventions That Would Not Have Been Developed or Commercially Introduced if Patent Protection Could Not Have Been Obtained, Twelve Industries, 1981–83.^a

	Percent That Would Not Have Been	Percent That Would Not Have Been	
Industry	Introduced	Developed	
Pharmaceuticals	65	60	
Chemicals	30	38	
Petroleum	18	25	
Machinery	15	17	
Fabricated metal	12	12	
products			
Primary metals	8	1	
Electrical equipment	4	11	
Instruments	1	1	
Office equipment	0	0	
Motor vehicles	0	0	
Rubber	0	0	
Textiles	0	0	

Source: Mansfield (1986) Table 1.



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Begin with the end in mind

- D+: Gold standard

The criterion that your clinical observation or simple test is judged against:

- more definitive (but expensive or invasive) tests, such as a complete work-up, or
- the clinical outcome (for screening tests, when workup of well patients is unethical).

Sensitivity and specificity are calculated from a research study comparing the test to a gold standard.





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Put first things first



Source: Adapted from Personalized Medicine (2012) 9(1), 73-84

Put first things first

The Prostate	BJUI	AH&DB	JURO	AH&DB	JURO
Meta-Analysis Reports Clinical Utility of Epigenetic Assay	Assay shows 20% improvement in NPV over histopathology	Reduces healthcare spending by >\$588 per patient	Multi-center clinical validation study demonstrates 90% NPV	10-fold reduction in repeat biopsies in clinical utility study	Multi-center, confirmatory validation study
2011	2011	2013	2013	2014	2014

Presented at 2015 AUA

Meta-analysis MATLOC & DOCUMENT 96% NPV for Clinically Significant Cancer 90% NPV for all Cancers



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Seek first to understand, then to be understood

- Involve all stake holders: patient & Caregiver/doctor (PCP Specialist/Urologist)
- Traditional biostatistical techniques for evaluating models, markers and tests do not incorporate clinical consequences
- Sensitivity / specificity insufficient to determine which diagnostic test should be used:
 - "Depends on whether sensitivity or specificity is more important"
 - What is worse? Failing to treat a patient with residual disease (missed treatment = false negative) versus Treating a patient who is free of cancer (unnecessary treatment = false positive)
- Consider DCA (Decision Curve Analysis)





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The Best of All Worlds

combining clinical variables with

• molecular signatures

• imaging (eg. mpMRI)

using

• AI (machine learning)



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*continuous categorical



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